

Are you **LOOKING** for some FUN?



## Frontrunners/BackwalkersUtah

Frontrunners is a running/walking club that is oriented towards gay and lesbian people, but is open to all who are gay-affirming (meaning totally welcoming and accepting of gay and lesbian people). The group is composed of both runners and walkers of all ages and speeds. There are approximately 80 members, and the average number of people that attend each run/walk may range from 10 to 20 people.

We meet at 9:00am every Sunday morning on our "home turf" located in front of Barbacoa Mexican Grill, 859 East 900 South. On Wednesday evenings, we meet at the corner of 11<sup>th</sup> and B Streets in the Avenues at 7:00pm. Times and locations may change due to inclement weather and/or daylight savings.



The runs/walks available range in pace from fast to slow and normally last about 40 to 50 minutes. Because we are a very social group, it is rare that anyone ever runs or walks alone. Afterwards, the group reconvenes for light refreshment and conversation. You'll find that a run/walk with us is the ideal way to put the pressures of the week behind you while staying fit and meeting new people.

**If you want to join in one of our runs/walks,  
simply show up!**

We're not limited to just running or walking either. Frontrunners is also **INFAMOUS** for its monthly potluck dinners, special social functions and other informal get-togethers. So, come on out and join in on the **FUN!**

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